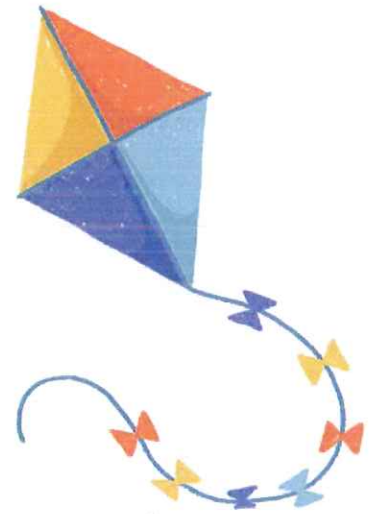


PARENT WORKSHOPS

HONORING DIVERSE FAMILY STRUCTURES

Parent and teacher support for celebrating all family structures at home and in the classroom. In this workshop, Emily Supino, MA, LPC will provide strategies for parents to talk with children about their unique family structure and/or changes to their family structure. It will provide tips for teachers on ways to honor diverse family structures and promote an inclusive classroom.

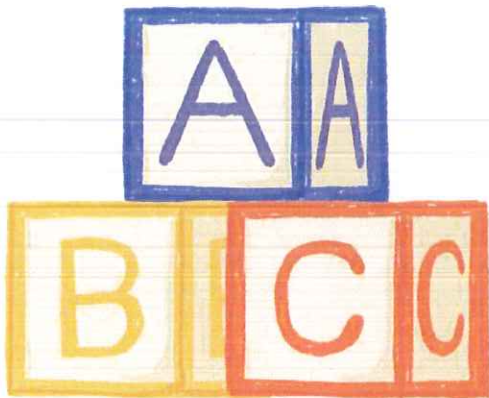


WHEN Friday, December 1, 11:30am - 12:30pm

WHERE Virtual over zoom- link provided after you RSVP

EXECUTIVE FUNCTIONING AND ZONES OF REGULATION FOR EARLY CHILDHOOD

In this workshop, Emily R. Supino, MA, LPC will provide information about the Zones of Regulation, a social emotional intervention to help children manage emotions. She will explain how the different Zones correspond to what is happening in a child's brain/body and how this understanding can promote the development of self-regulation and emotional literacy skills in early childhood and beyond.



WHEN Wednesday, December 20, 9:30 - 10:30am

WHERE Virtual over zoom- link provided after you RSVP



KIDS FIRST
CITY OF ASPEN

PLEASE RSVP TO
KRISTY.GRAU@ASPEN.GOV