



DADS GROUP

**Connect & Learn With Other
Fathers of New Babies**

When: Monday nights 1/22 - 2/19/2024

5:30 - 7:00 p.m.

**Where: MidValley Family Practice
1450 E Valley Rd #102,
Basalt, CO 81621**

**Get free support and skills to help
you show up as the father and partner
you want to be.**

- Learn how to bond with your new baby
- Connect with other dads in similar situations
- Learn essential parenting skills
- Share your experience

This free group is led by Erik Wardell. For more information or to ask questions about this group, please email wardellre@adams.edu or call/text **970-300-8707**.