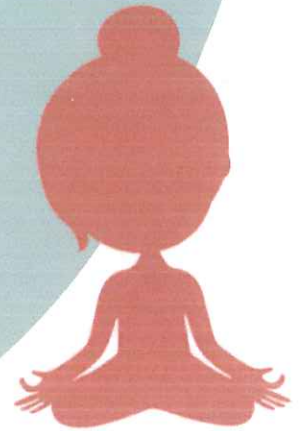


ONLINE SUPPORT GROUP

PARENT PALS

First Tuesday of every month from 6:30-7:30pm MST



A monthly online group for parents of neurodivergent children who are craving connection. Each month, we explore a new topic, featuring parent education, group discussions, and in the moment coaching. Throughout our time together, you'll gain valuable resources, actionable strategies for home, and a genuine sense of belonging. -- ***This group is our most affordable offering at just \$30 per session.***

MONTHLY TOPICS:

- ✓ **February 6th:** Creating Meaningful Systems of Support
- ✓ **March 5th:** Connected Family Values
- ✓ **April 2nd:** Helping Your Child Develop Flexible Thinking

JOIN NOW!

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Limited
Seats Available!

Mindful Me Therapy

Early Childhood Therapy | Parent Support | Integrated Wellness

